

WORKSHOPS 2010

The Illinois Institute for Addiction Recovery

Stopping Overshopping: Working with Compulsive Buyers

After an introduction to compulsive buying and the sociocultural context within which it exists, I'll talk about how to identify and assess compulsive buying behavior, discuss the indications and contraindications for treatment, diagnostic issues, prevalence, etiology and functions of the addiction. An overview of the existing treatment modalities and adjuncts will be followed by a detailed explication and demonstration of several easily learned and effective strategies for working with compulsive buyers, both individually and in group. Participants who want to can also do some experiential work on their personal shopping and money issues.

Presented by April Lane Benson, Ph.D.

Workshop cost: \$100.00

Date of Workshop: Friday, October 29

CEUs: 6.5

Registration begins at 8:15am. Training begins promptly at 8:30am- 4:30pm

Location: IIAR at The Abbey; 1401 Central Ave., Bettendorf, IA

Refreshments provided, lunch on your own

Detach bottom and mail along with payment to:
Illinois Institute for Addiction Recovery (*Please make checks payable to Proctor Hospital*)
Attn: Coleen Moore
1302 Franklin Ave. Ste. 3300, Normal, IL 61761

You may also fax registration to 309-451-3301
For more information, please contact Coleen Moore at 309-888-0993 or 1-800-522-3784

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