

2009 *Paradigm Series*

Spring Edition, Post-Test Payment Options

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This series has been approved by IAODAPCA, LSW/LCSW, LPC/LCPC, and LMFT

Please mail this form and completed post-test along with payment to:
Proctor Hospital/Illinois Institute for Addiction Recovery (*Please make
checks payable to Proctor Hospital*)

Attn: Coleen Moore
5409 N. Knoxville Ave. Peoria, IL 61614

Once post- test and payment are received, your certificate of completion
along with an evaluation of the series will be emailed to you.

For more information, please contact Coleen Moore at 309-691-1004 or 1-800-522-3784

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1. A treatment program felt it was necessary to increase its 28 day program to 42 days for this reason:
 - a. 42 days allowed patients to incorporate work ethic in their treatment plan
 - b. 28 days is not enough time for patients to begin their healing process
 - c. 42 days allowed patients to attend school
 - d. both a and b

2. The short-term effectiveness results of the *Don't Gamble Away Our Future™* gambling prevention program through the Illinois Institute for Addiction Recovery shows:
 - a. no conclusive results at this time.
 - b. the program was effective at educating participants about the downside of gambling.
 - c. the majority of participants indicated they did have problems with gambling.
 - d. none of the above.

3. Learning disabilities are estimated to affect what percentages of adults:
 - a. 25 - 30%
 - b. 2 - 3%
 - c. 3 - 20%
 - d. 10 - 15%

4. Our three core modes of communication are:
 - a. Asking, Receiving, and Telling
 - b. Questions, Statements, and Predictions
 - c. Defensive, Non-Defensive, and Questioning
 - d. Passive, Aggressive, and Passive-Aggressive

5. What Therapy Modality(s) appear to work most effectively for war trauma in military women:
 - a. Prolonged Exposure and Cognitive Processing Therapy
 - b. Virtual Reality and Group Psychotherapy
 - c. EMDR and DBT
 - d. Medication alone

6. What is the most common mode of peer influence:
 - a. Antagonistic Behavior
 - b. Purposive Behavior
 - c. Behavioral Display
 - d. Behavioral Reinforcement

7. What model appears to be most effective in couple therapy to achieve the three ends (positive regard, positive affect, and decrease negative affect):
 - a. Insight Oriented Couple Therapy
 - b. Emotionally Focused Couple Therapy
 - c. Solution Focused Couple Therapy
 - d. Integrative Model